Hard Facts About Concussions in Soccer
(No headgear can protect from all foreseeable impacts)

The NFHS Sports-Related Injury Surveillance study of 2012-2013 indicated 101,586 concussions for the year.

Concussions are the second most-frequent injuries in women’s soccer claiming 33.4% of all reported injuries
The National Federation of High School Associations (2012/2013)

“[T]he risk of concussion was 2.65 times higher for players who were not protected.”

The concussion rate in soccer is similar to that in American football

“Head to head impacts posed high concussion risk”

In a peer-reviewed study, 62.7% of college-level soccer players had concussion symptoms in a single year

After the first concussion, the risk of a second one increases by a factor of four

Subsequent concussions are usually more serious than the first one, even if the impacts are similar

Second Impact Syndrome (rapid swelling of the brain, potentially catastrophic outcome) may occur if the head is impacted before the brain has recovered from a concussion

Concussions in soccer are not commonly caused by heading the ball

All 50 States and the District of Columbia now have concussion laws.

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